

STRIVE FOR EXCELLENCE

NEWSLETTER



This newsletter is for informational purposes only and no legal advice is intended.

Informing The Injured One Claimant At A Time

A Peek Inside

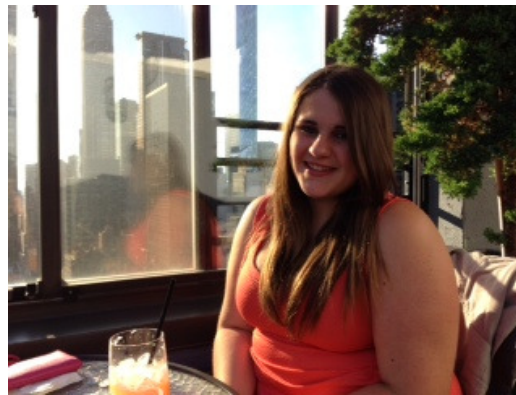


ONE, TWO, THREE STRIKES YOU'RE OUT.....

Hearing that makes you want to stand up sway side to side and ask for peanuts and cracker jacks. Well that song encapsulates what's been happening these last several weeks in the Gaylord household. Benjamin has been participating in several baseball travel tournaments and the weekends have been occupied with coolers, suntan lotion and an exhausting number of hours in between travel games. Although they have not been winning, he and his teammates are doing their best and are certainly having a good time. I have to bore you with one story. At the most recent tournament, Ben was playing first base. A pop was hit in his direction. The world went into slow motion. I mean we had probably

practiced about 40 pop ups in between games and here it was. He raced in and caught the ball. Teammates went crazy all hugging him and giving high fives and for you parents out there all I had in my head was the scene from the movie Parenthood where Steve Martin does this amazingly whacky dance running out to the outfield as his son had caught the ball. Needless to say I restrained myself so as not to embarrass my son, but I have to say nothing compares to how I felt after he caught that ball.

Both of my daughters have been enjoying the last several weeks with no real set agenda as both are in their teenage years sleeping until ungodly late hours in the morning. However, their time of pure relaxation has come to a screeching halt as Dad is requiring everyone to read and for Rachel watch videos in preparation for her math and chemistry classes in her upcoming sophomore year. More importantly, she just celebrated her 15th Birthday and she and dad had the chance to get away for a night and go to NYC for dinner. A moment I will forever cherish.



Anna's travel soccer team is about to get going again and she is excited about the opportunity to be running around and practicing with a new coach and trainer. We are excited to see how they will perform under new leadership.

I want to thank everyone for their continued comments and encourage you to continue sending me your requests as to the information you would like to read about in our newsletter. In addition, if you have not already done so please like us on Facebook and if you know anyone who would be interested in receiving the newsletter please have them contact me directly at sgaylord@gaylordpopp.com or call 609-771-8611. Your participation is greatly appreciated.

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Hello! We are pleased to send you this monthly issue of *Strive For Excellence*. It is our way of saying that you are important to us and we truly value your business. Please feel free to pass this newsletter on to friends and neighbors. Enjoy!

Monthly Joke

What not to say when being robbed



A drunk walking down a dark alley was attacked by two muggers late at night.

Despite his state of intoxication, he was able to put up a ferocious fight.

The muggers finally knocked him down and tied him up.

When they took his wallet, though, they were enraged to find only two dollars.

"Why did you put up that kind of fight for only two lousy bucks?" one of the muggers demanded.

The drunk shrugged. "I was afraid you'd find the \$200 I got in my shoe."

Playing safe is probably the most unsafe thing in the world. You cannot stand still. You must go forward. —Robert Collier

Food Poisoning: Get The Help You Need

Food poisoning is more than just an annoyance; it can be a significant health issue that can have long lasting implications depending on the type of contamination that you were exposed to. In most food poisoning cases, especially when it comes to prepared food in a restaurant or bought for home consumption, there will be multiple parties to the lawsuit.

What To Do

If you experience the symptoms of food poisoning it is important to immediately seek medical assistance. Go to an emergency room, clinic or your doctor if you have symptoms of:

- Diarrhea
- Vomiting
- Nausea and stomach cramps
- Headaches and flu like symptoms
- Weakness or numbness of the limbs
- Burning or tingling sensation in the feet or hands with other symptoms

Food poisoning usually occurs in close proximity to eating food that is contaminated with any number of different organisms. Since it is essential to test for a specific organism getting medical assistance and testing immediately is critical for documentation and proof.

Get Legal Help

There are different types of legal claims that can be made if food poisoning is at fault. These can include strict product liability, which shows that the manufacturer did not market a safe product. Negligence allows you to show that the manufacturer, distributor, or provider failed to follow industry standards in storing, cooking, or preparing the food that allowed the bacteria to thrive. In addition, in many states breach of warranty is also a claim if, in fact, the food item was not processed, shipped or prepared in accordance with industry standards or product claims.

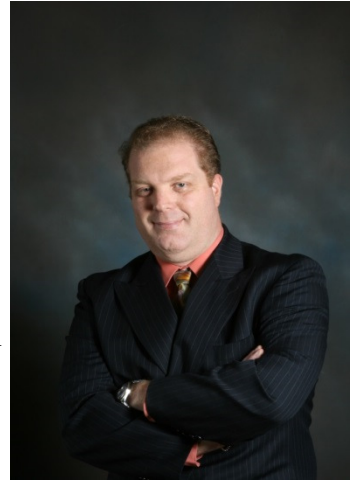
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GUEST OF THE MONTH

What Is a Motion For Temporary Relief?

By: Sandy Durst, Esq. The Durst Firm, LLC

In New Jersey, the family court system is instructed to do all it can to resolve divorce cases within one year of the filing of a Complaint for Divorce. Depending on a particular case, this can seem like a very quick or painfully slow timeframe. Because of the length of time between the filing a complaint for divorce and scheduling of a trial, issues routinely arise that require immediate attention. Issues such as spousal support, child support, payment of household bills, and parenting time can be addressed by the filing of a motion for temporary, or pendente lite, relief.



These types of motions are very common and are done by filing a notice of motion with the Court which sets forth the specific relief requested and supporting certifications signed by the parties. If a party is seeking financial relief of some sort, then a Case Information Statement (also referred to as a CIS) must be filed, if one has not yet been submitted. The Case Information Statement is perhaps the most important document in your divorce. The CIS shows current income, the prior year's income, monthly expenses of the household, including shelter expenses, transportation expenses and personal expenses, as well as assets and liabilities. You should also attach your last three pay stubs and prior years' income tax returns. The more information you can supply, the better informed the judge will be and the more likely you can prevail.

The Notice of Motion and the Response and Reply must be filed in accordance with the timeframes set forth in the New Jersey Court Rules. Following the filing schedule allows the Judge to review these papers prior to the hearing date, and after hearing oral argument of counsel on the issues, will make a decision. Since this is not a full trial on the issues, the Court relies heavily on the financial information submitted as well as the information provided in certifications.

When raising a temporary alimony claim it is imperative to address all of the statutory factors as best possible. Assets and liabilities are dealt with under the Equitable Distribution statute. Other issues that may be heard on a pendente lite or a temporary basis are those of college tuition expenses, the sale of the marital residence, requests to restrain the parties from liquidating or transferring marital assets, requests for continuation of medical insurance or life insurance, and requests for attorneys' fees or expert witness fees. These temporary orders of the court are temporary in nature and become void upon the entry of a judgment of divorce or property settlement agreement.

For more information on divorce and family law, contact Sandy at www.thedurstfirm.com or at 609-439-9079. Additional information is available on The Durst Firm's Facebook page and Sandy's weekly radio show, Divorce 101, on 920 AM on Saturday mornings at 11:00am.

Tech Tips with Dan Little

A good password is one that's hard to guess, yet easy to remember. So here are a few methods to create a password, in roughly increasing difficulty.



In general:

- No password is uncrackable.
 - The best you can do is make it difficult to determine your password.
 - What's the worst password? *The one you've forgotten.*
- Whatever method you choose, it's occasionally a good idea to change your password.
 - The more important the password, the more often it should be changed.
 - Why? If someone currently knows your password, change it and then they won't.
- The longer the password; the harder it is to guess.
- Some clever people are using **social engineering** to obtain passwords.
 - If somebody calls or emails, requesting your password, it's a bad idea to give it to them.

Some Password Creation Methods:

- **Default** (same as none):
 - Many programs and services assign a default password. Change this to a new password *immediately*.
- **Personal info:**
 - Your name, initials, location (zip code), birthday, license plate etc.
- **Mixed-Case Dictionary Words** (alternating UPPER-lower case letters)
 - Examples: paSSworD, PLaceBO
- **Mixed-case Word with Number(s)**
 - Examples: 9fiNgeRS, loVELy68
 - Stats: Tacking on a number from 0-9 before or after a word gives 20 more variations to the password. Using 00-99 before or after the word, gives 200 variations.
- **Mixed-case Word(s)/Letter(s)**
 - Combining words and/or extra letters
 - Examples: GUessTHis, BiKeFisH
- **Mixed-case Words/Numbers/Letters/Special Characters**
 - Examples: No50WaY2, puT863MoX

About Dan Little: Dan is the Head Honcho at A Different Kind of IT, an Information Technology and Services Consulting Firm with a Difference based in Philadelphia. Interested in hearing more? Email info@different-kind-it.com

In The Office

We are thrilled to announce that Gaylord Popp has two brand new members. Parker Lawrence joined the world in May. Parker is Larry's first grandson and he and mom Jessica (Larry's daughter) are doing great and providing awesome pictures of their daily activities. In addition, Ingrid Garcia our newest PI paralegal, had a baby boy Jeffrey. Mom and son are doing well.

On August 20, 2014 I will be a co-presenter on complex workers' compensation issues for the National Business Institute in Princeton, New Jersey talking about litigating products and toxic tort issues as well as providing a talk on ethics.

Food Poisoning Cont'd...

What your Lawyer Does

Your lawyer in a food poisoning case will determine who is actually liable. This may be one specific person or business or it may include multiple parties, which is the most common scenario. In the case of a supply chain situation there may be multiple parties to the suit. Your lawyer will ensure that all parties are included in the lawsuit. There are different time limitations in each state with regard to food poisoning cases. Talk to your attorney as soon as possible if you feel that you have been a victim of food poisoning as gathering evidence, finding others to support your claim, and being able to provide the food poisoning occurred becomes more difficult as time passes.

THANKS TO OUR CLIENTS!

Our practice continues to grow and we recognize that our best clients come from your referrals. Referrals are welcome and we want to take a moment and THANK those who have referred new clients to US. It's the biggest compliment we can receive!

Many thanks to:

Lawrence Allen
Ed Rios
Archie Davis
Shantel Ford
Sue McNair

Lawrence Marshall case
Derick DeLima
Cheri Wong
Matt Fletcher
Chris Castles
Lisa Castles

Be sure to visit our website at
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A MONTHLY NEWSLETTER TO INFORM AND ENTERTAIN OUR CUSTOMERS

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What's so special about August you ask?

National Mustard Day, Aug. 2. A celebration of the popular condiment, held every year at the National Mustard Museum in Middleton, Wis.

National Bowling Day, Aug. 11. Hit the lanes!

World Elephant Day, Aug. 12. This day seeks to support conservation efforts aimed at protecting them all year round.

National Aviation Day, Aug. 19. Observed on the birthday of Orville Wright (1871), the first human to fly in a powered aircraft.

It's the last month of summer vacation. It sure goes by fast. Enjoy the great weather, time with family and good luck getting ready for back to school time!

Sam Gaylord



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Samuel Gaylord specializes in the areas of Workers' Compensation, Social Security Disability and Disability Pension Appeals. Mr. Gaylord is certified by the New Jersey Supreme Court as a workers compensation law attorney and is admitted to practice in New Jersey, Pennsylvania and Washington D.C and before the United States Supreme Court.

Pack Light

Economizing luggage space is always important for travelers, particularly those who travel on a regular basis.

You can minimize the amount of stuff you have to take with you by getting organized.



A small zip-up pouch that can easily store your cords and gadgets is a good idea, as it means you will not have to waste time digging through different bags in between flights, or experience the frustration of getting to your destination only to find out you have the wrong cord for one particular gadget.

Another good tip is to think about how many clothes you will need, and then just pack half of them. If worst comes to worst, you can always still do some laundry while on vacation.

Leaving your cell phone at home and purchasing a cheap 'dump' phone from your destination not only saves weight but also results in cheaper rates than roaming, and a considerably decreased chance of having it stolen.